

CLARK COUNTY FIRE DEPARTMENT EXPLORERS

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About Us

The Clark County Fire Department Explorer Program is a paramilitary organization. It is designed to simulate experiences and expectations of the Clark County Fire Department (CCFD). The program is open to young men and women from the ages of 16 to 21 that are interested in the fire service. These young men and women will have the opportunity to explore the career of a firefighter by participating in fire ground skills, academic studies, team building exercises, and ride-alongs with the CCFD. This program is in place to instill a good moral character, teamwork, dedication, and discipline for the Clark County community.

Explorer meetings are held on every other Saturday at the CCFD Training Center. The Training Center is located at 4425 W. Tropicana Avenue. It's the southeast corner of Tropicana Ave and Arville Rd, across from the Orleans Hotel and Casino.

Meetings start promptly at 8:00 a.m., and will be approximately five hours long. Members arriving late will be denied entrance. It is advised to arrive 30 minutes prior to the meeting.

How to Get Started

New members are only allowed into the CCFD Explorer program during open enrollment periods. Open enrollment and testing is conducting twice a year, normally in June and December.

During open enrollment periods there is an observation day and a test day. New members must attend both days.

Prospective new members must be clean-shaven, with no earrings or visible piercing. The dress code for observation day and test day is business casual.

Observation day gives the new member an opportunity to watch a mock fire scenario put on by the current Explorers.

Test day has three parts. The new member must pass a written test, pass a physical test, and complete an oral interview with advisor staff.

You must complete the online Interest Form (located on the Explorer webpage), which will be sent to the advisor in charge of recruitment. The recruitment advisor will respond in an email or by phone call about the upcoming testing date.

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Explorer Requirements

Attendance at Explorer meetings is essentially mandatory although excused absences will be considered (school, CCFD events, some family matters). All excused absences have to be approved by Platoon TAC Officers. You must make up excused absence times by volunteering on a one-hour to one-hour basis within 30 days or it will become an unexcused absence. No more than 3 excused absences are allowed, the 4th occurrence is grounds for dismissal from the program.

Unexcused absences are considered “No Call, No Show”. Any single No Call, No Show will constitute grounds for dismissal from the Program.

Physical ability will be tested every 6 months. Explorers are expected to show progress in all areas of the physical ability test. The fire service is a very demanding physical profession; therefore, if the Explorer does not show progress from test to test, they will be counseled progressively with a policy of third offense dismissal from the Program. Appropriate physical conditioning cannot be achieved once every two weeks; therefore, a consistent, self-motivated physical program will be essential for success.

Community service and volunteer time are vital parts of the Clark County Fire Department Explorers Program. Explorers at the red-shirt level or higher will be required to volunteer a minimum of four (4) hours per month. Explorers can either volunteer within or outside of the fire department but all times must be documented.

Ride-alongs at CCFD fire stations are allowed after the successful completion of the 6 month candidate level. Red-shirt level Explorers are required to complete 12hrs of ride-alongs every month.

Levels of Explorer

Candidate* - first six months

Recruit** - first six months as a red-shirt (ride along level)

Explorer** - unlimited time

Platoon Leader **– Captain or Lieutenant of a platoon

Class Leader** - must have been a Platoon Officer to be considered

* White Shirts

** Red Shirts

What Happens on Test Day Page

The Explorer program size will dictate how many candidates we choose to enter into the Explorer program. If you are not chosen to attend the program after the test is complete remember to continue trying if this is the career path you want to pursue.

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Written Exam

Written exam will consist of a 25 question test from the study material found inside the Explorer Enrollment Packet. Passing grade will be a 70% or greater. The higher the score the better chance you have to get into the program.

Tip #1

Don't wait until the day before to study the material. The more you read the Explorer Enrollment Packet the better chance you will have to retain the information resulting in a higher grade.

Physical Fitness Test

The physical fitness test is a PASS/ FAIL test and consists of:

1 Mile Run within 13 Minutes

20 Sit Ups

1 Pull Up

20 Push Ups

10 Dips

Tip #1

Practice makes perfect for this test. If you do not establish a workout routine prior to the testing date you hold a strong possibility of failing.

Tip #2

To prepare you for the physical fitness that the Explorer program provides review the sample workouts at the end of this guide and start practicing.

Oral Interview

The oral interview will be set up just like the oral interview with the Clark County Fire Department. In this interview you will be asked a series of questions so the advisors are able to get to know the candidate that is testing for the program.

Tip #1

First impressions mean the most in an interview process. Walk in, shake everyone's hands, look them in the eye, and introduce yourself. Don't sit until they ask you to sit.

Tip #2

Sir/ Ma'am before and after each statement or answer will show the advisors the highest level of respect. (Example: Sir, My name is Joe Smith Sir.)

Tip #3

Answer all questions to the best of your ability. Be excited to be in this testing process. Thank the advisors and shake everyone's hands after the interview is complete.

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Physical Training - Sample Workouts

Low Level Workout

The Run - 8 laps within 16 minutes approx. 1.25 miles
Stair Climb - 2 times up and down
Step Ups
Pull Ups - 8 reps, 2 sets
Dips - 12 reps, 2 sets
Crunches - 25 reps, 2 sets
Superman - 15 seconds, 2 sets
- Superman is lying on your stomach with your arms and legs off the ground.
Diamond Push Ups - 10 reps, 2 sets
Regular Push Ups - 10 reps, 2 sets
Wide Push Ups - 15 reps, 2 sets

Medium Level Workout

The Run - 12 laps within 18 minutes approx. 2.0 miles
Stair Climb - 2 times up and down with bundle of hose
Wall Sits - 2 min 30 seconds in proper position, 2 sets
Pull Ups - 12 reps, 2 sets
Dips - 16 reps, 2 sets
Elbow and Toes Planks - 45 seconds, 2 sets
Right Side Oblique - 30 seconds, 2 sets
Left Side Oblique - 30 seconds, 2 sets
Diamond Push Ups - 15 reps, 2 sets
Regular Push Ups - 15 reps, 2 sets
Wide Push Ups - 20 reps, 2 sets

High Level Workout

The Run - 10 laps within 15 minutes approx. 1.75 miles
Hose Pull - 3 sprints using 2 1/2 in hose line
Curls - 10 reps, 2 sets
Pike Pole - 10 reps, 2 sets
Reverse Curls - 10 reps, 2 sets
Military Press - 10 reps, 2 sets
Upright Rows - 10 reps, 2 sets
Elbow and Toes Planks - 2 minutes
Right Elbow Left Knee Crunch - 25 reps
Left Elbow Right Knee Crunch - 25 reps
Burpee (Six-Count Squat Thrust) - 15 reps, 3 sets